Blessing For Shaking the Lulav

Face East - Lulav in your right hand - Etrog in your left
Make sure the Etrog is pointy side down.
Say:

ברוך אתה אלוהים מלך עולם, א HDF המצילים, וצתו על נחלת עולם.

Baruch atah Adonai, Eloheinu Melech haolam,
asher kid’shanu b’mitzvotav v’tzivanu al n’tilat lulav.

Our praise to You, Eternal our God, Sovereign of all:
whose mitzvot teaches us holiness and who instructs us
to take up the lulav.

Turn the Etrog right side up.
Shake 3 times in each direction:

Front
Right
Back
Left
Up
Down